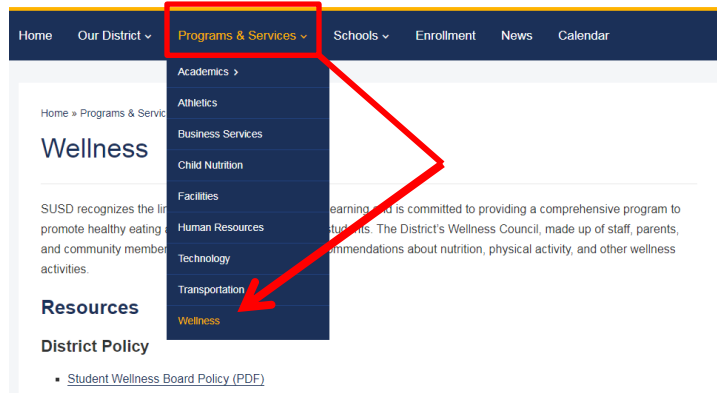


A message from Spreckels Union School District Wellness Council to align with our board policy

The following flyer has been provided by parent members of the Spreckels Union School District Wellness Council.

You can find more useful information on the district website at spreckelsdistrict.org, in the dropdown box under “Programs and Services”.

Spreckels Union School District



Each week we will be providing a useful flyer to Spreckels Union School District Friday Flyers email send outs.

The information is created by and/or well supported by the following organizations:



Letsgo.org



Myplate.gov



healthyeating.org



cchah-alliance.org



5210 Every day is a Pediatric Wellness Program collaboration between the following community organizations:



In partnership with local pediatric offices

Provided courtesy of the Spreckels Union School District Wellness Council